Cardiovascular Prevention as the Cornerstone of a Competitive Europe

Scaling Up Lipid Screening to Secure Next Generations



25 September 2025 I 3-5pm I EU Parliament I Brussels I Room: 3H1 I Altiero Spinelli building I



Hosted by MEP Romana Jerković Chair of the MEP Cardiovascular Health Group

Agenda

I. WHY IT MATTERS: PERSONAL & POLICY URGENCY (15:00-15:45)

Moderator: Madalina lamandei

15:00 – 15:05 Video from 2015

15:05 – 15:15 Opening Remarks, MEP Romana Jerković

A New Era for Cardiovascular Health: The Role of Early Detection for Prevention

- Framing cardiovascular health as a European priority
- Inherited lipid disorders as a major opportunity for CVD prevention
- Investment in health and investment in the next generation competitiveness

15:15 – 15:35 The Human Face of Policy: Young Advocates & Caregivers Speak

Lena-Rosa Hanauer (FH, Austria), Joanna Kacprzak (HoFH, Poland), Aedan Kaal (elevated Lp(a), Netherlands), Teevi Poobus (FCS, Estonia)

Short, emotional testimonies that humanise the stakes of missed or late diagnoses

15:35 – 15:45 Ten years on - From Lived Experience to System Change, Magdalena Daccord, CEO, FH Europe Foundation

Preventing the Preventable: How patient and citizen led movement is driving policy shift

FH Europe's journey from a small NGO to the engine behind two major declarations

II. THE CASE FOR ACTION: DATA, ECONOMICS, POLICY TOOLS (15:45–16:25)

Moderator: Madalina lamandei

15:45 – 15:55 Testing Pays Off: The Economic Argument, Prof. Zanfina Ademi (online)

The cost-effectiveness of FH and Lp(a) screening as a preventive investment, not a cost burden.

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15:55 – 16:15 A Tale of Two Declarations: Proof of Policy Impact, Prof. Børge Nordestgaard, Prof. Albert Wiegman & Prof. Florian Kronenberg (online)

How the Prague Declaration (FH paediatric screening) and Brussels International Declaration (Lp(a) testing) as part of integrated care show that patient-led advocacy can create real momentum.

16:15 – 16:25 Linking to EU and Global Policy: The Cardiovascular Health Plan, Várhelyi Cabinet member (confirmed) and WHO representative (Dr Oxana Domenti invited)

Situating testing in the context of the upcoming EU Plan on CVD and UN NCDs Resolution

III. WHAT WORKS: EVIDENCE AND INNOVATION

Moderator: Kitti Almer

16:25 – 16:50 Panel: Innovation through EU-funded projects (Perfecto FH, FH-EARLY, PerMed FH)

Prof. Mafalda Bourbon (Portugal), Dr. Marius Geantă (Romania), Prof. Fausto Pinto (Portugal), Assoc. Prof. Andrie Panayiotou (Cyprus)

Focus: Success stories, EU co-funded solutions, and practical examples of how small wins can go mainstream

IV. CLOSING: FROM DECLARATIONS TO DEEDS (16:50–17:00)

Moderator: Kitti Almer

MEP Tomislav Sokol (invited) - The Role of Parliament: Turning Momentum into Mandate

Magdalena Daccord, CEO, FH Europe Foundation - A closing appeal to MEPs to push forward national-level implementation and support screening across EU policies