

## Agenda

### **Cardiovascular Prevention as the Cornerstone of a Competitive Europe**

#### *Scaling Up Lipid Screening to Secure Next Generations*

Co-hosted by

**MEP Romana Jerković**, Chair of the MEP Cardiovascular Health Group

**MEP Tomislav Sokol**, Member of SANT Committee on Public Health

#### **I. WHY IT MATTERS: PERSONAL & POLICY URGENCY (15:00-15:45)**

*Moderator: Madalina Iamandei*

**15:00 – 15:05**      **Video from 2015**

**15:05 – 15:15**      **Opening Remarks, MEP Romana Jerković (Croatia)**

*A New Era for Cardiovascular Health: The Role of Early Detection for Prevention*

- Framing cardiovascular health as a European priority
- Inherited lipid disorders as a major opportunity for cardiovascular diseases prevention
- Investment in health and investment in the next generation of competitiveness

**15:15 – 15:35**      **The Human Face of Policy: Young Advocates & Caregivers Speak**

**Lena-Rosa Hanauer** (familial hypercholesterolaemia, Austria), **Joanna Kacprzak** (homozygous familial hypercholesterolaemia, Poland), **Aedan Kaal** (elevated lipoprotein(a), Netherlands), **Teevi Poobus** (familial chylomicronaemia syndrome, Estonia)

*Short, emotional testimonies that humanise the stakes of missed or late diagnoses*

**15:35 – 15:45**      **Ten years on – From Lived Experience to System Change, Magdalena Daccord, CEO, FH Europe Foundation (Netherlands)**

- *Preventing the Preventable: How patient and citizen-led movement is driving policy shift*
- FH Europe Foundation's journey from a small NGO to the engine behind two major declarations

## II. THE CASE FOR ACTION: DATA, ECONOMICS, POLICY TOOLS (15:45-16:25)

Moderator: Madalina Iamandei

- 15:45 – 15:55**      **Testing Pays Off: The Economic Argument, Prof. Zanfina Ademi** (Australia, online)  
*The cost-effectiveness of FH and Lp(a) screening as a preventive investment, not a cost burden*
- 15:55 – 16:15**      **A Tale of Two Declarations: Proof of Policy Impact, Prof. Børge Nordestgaard** (Denmark),  
**Prof. Albert Wiegman** (Netherlands) & **Prof. Florian Kronenberg** (Austria, online)  
*How the Prague Declaration (FH paediatric screening) and Brussels International Declaration (Lp(a) testing) as part of integrated care show that patient-led advocacy can create real momentum*
- 16:15 – 16:25**      **Linking to EU and Global Policy: The Cardiovascular Health Plan, Commissioner Várhelyi**  
**Cabinet member** (confirmed) and **Kitti Almer**, former health attaché and Chair of the  
**Public Health Working Party (HU Council Presidency)**  
*Situating testing in the context of the upcoming Cardiovascular Health Plan for Europe*

## III. WHAT WORKS: EVIDENCE AND INNOVATION (16:25-16:45)

Moderator: Kitti Almer

- 16:25 – 16:45**      **Panel: Innovation through EU-funded projects (Perfecto FH, FH-EARLY, PerMed FH)**  
**Prof. Mafalda Bourbon** (Portugal), **Dr. Marius Geantă** (Romania), **Prof. Fausto Pinto**  
(Portugal, online), **Assoc. Prof. Andrie Panayiotou** (Cyprus)  
*Focus: Success stories, EU co-funded solutions, and practical examples of how small wins can go mainstream*

## IV. CLOSING: FROM DECLARATIONS TO DEEDS (16:45-17:00)

Moderator: Kitti Almer

- 16:45 – 16:55**      **Closing Remarks, MEP Tomislav Sokol** (Croatia)  
*The Role of Parliament: Turning Momentum into Mandate*
- 16:55 – 17:00**      **Magdalena Daccord, CEO, FH Europe Foundation**  
*A closing appeal to MEPs to push forward national-level implementation and support early screening across EU policies*