



**Unite for HoFH Awareness
Logo competition Jury:**

Kristýna Čillíková

*Vice Chair CAKO
Czech Republic*

HoFH
AWARENESS DAY



**FH Europe
Foundation**

About Kristýna:

Initially trained as a nurse, Kristýna Čillíková broadened her horizons by pursuing additional qualifications in pedagogy and psychology at university. Delving deeper into the realm of mental health, she completed an intensive five-year training program in cognitive-behavioral therapy, honing her skills as a psychotherapist.

In 2003, she made a significant career shift into journalism, specializing in the field of cardiology. Over the years, she became a respected voice in the medical community, contributing insightful articles to prominent magazines and newspapers tailored for healthcare professionals, such as Medical Tribune CZ.

Combining her expertise in healthcare with her adeptness in communication, together with her patient colleagues, she played an instrumental role in navigating the complexities of founding and developing a patient organization Česká aliance pro kardiovaskulární onemocnění CAKO (Czech Alliance for Cardiovascular disease), laying a solid foundation for its growth and outreach.

Kristýna's firsthand experience and heartfelt advocacy make her an inspiring judge, ready to champion creativity and community in the fight against HoFH.

**One Galaxy, One Heart:
Unite for HoFH Awareness**

#Unite4HoFH

www.fhef.org/hofh-awareness-day

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